



avenuehq

EAST PARADE

SUITE G.09 | 22 DESKS

 BARCLAYS | Eagle Labs

November 2025

About Us

AHQ provides award-winning, inspiring working environments that cater to all of your business needs.

We offer private offices and on-demand services including workspace, meeting rooms, events spaces and virtual services.

Located within sought-after city centre spots, our spaces break down the barriers found with traditional offices. We provide a working environment that gives the best representation of your business; we care about the well-being of you and your team, and we look after your clients and guests.

Our mission is simple: to ensure our members get the most from their working life.



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Private Offices

Move-in ready.

Your own private workspace within a shared facility packed with all the essentials and amenities you could ever need.

A hassle-free and flexible solution that takes care of everything, allowing you to focus on what's really important - your business and your people.



Member kitchens



Inclusive pricing



Breakout spaces



Connectivity



Ergonomic furniture



Meeting rooms



Fully-customisable



Reception team

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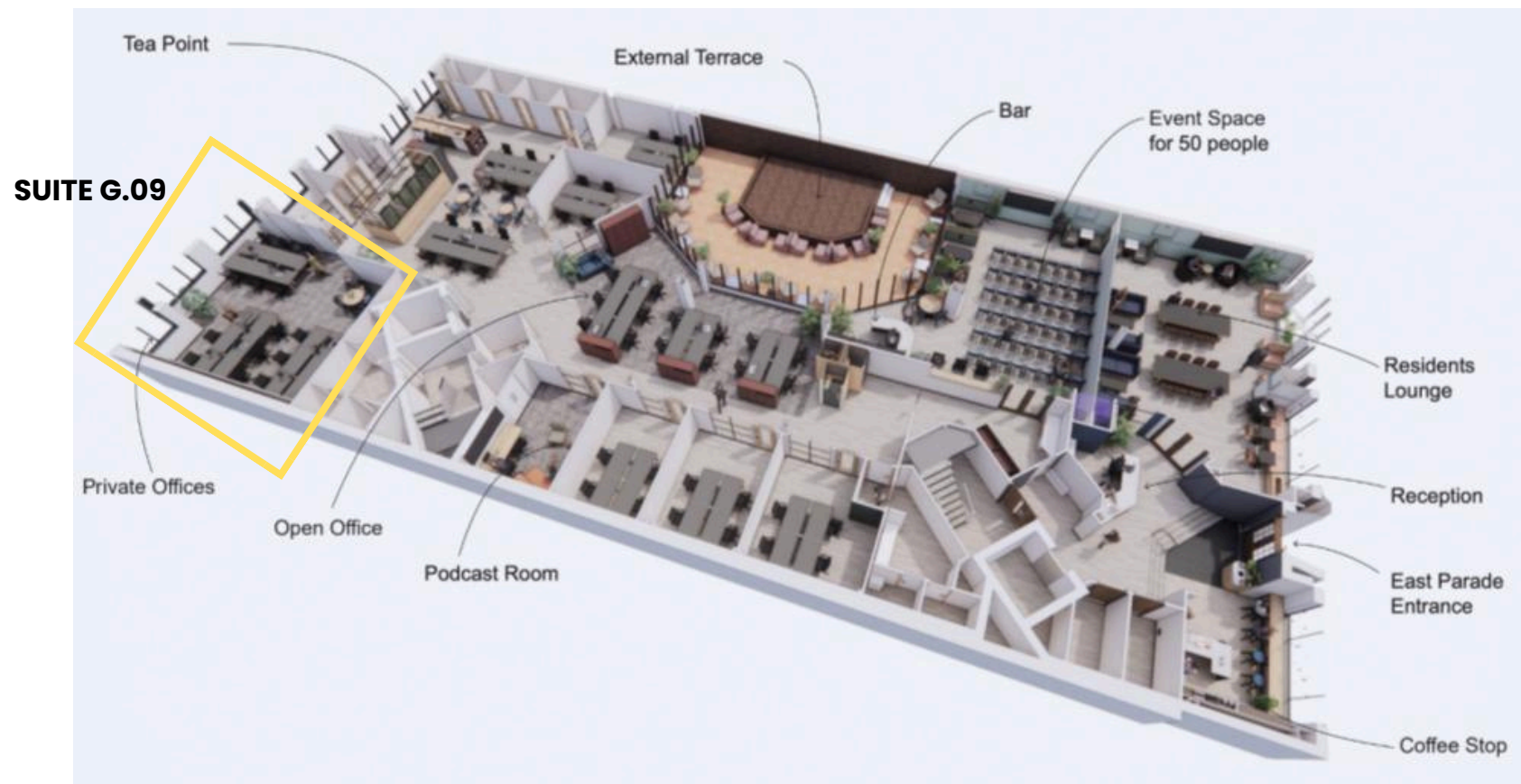
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Floor Plan & Key Features

Avenue HQ East Parade | Suite G.09

22 Desk Private Office | Newly Bulilt



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Customisation

Make the space your own.

Customise your office space to reflect your business and your brand.

Curating the optimum design and layout of your office space is essential to the success of your business. Our team of experts will work closely to design a bespoke solution that works for you.



Tailor everything to the 't', including colours and branding



High-quality, ergonomic furniture



Select from a range of trusted contractors and designers



Add a personal meeting room, bespoke breakout space or even your own recording studio



On-hand support to carry you throughout the process

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More than just an office space

Avenue HQ offers a collection of flexible, beautifully designed spaces to suit every occasion from intimate recordings to large-scale events.



PODCAST STUDIO

Create with confidence in our soundproof, fully equipped podcast studio - designed for professional recording, editing, and production.

CO-WORKING, MEMBER LOUNGES AND PHONE BOOTHS

Vibrant shared spaces built for connection and focus.

EXECUTIVE BOARDROOMS, MEETING SPACES & 100 PERSON EVENT

From intimate meetings to larger gatherings, our spaces are designed for productivity and impact.



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ON-HAND SUPPORT

Our dedicated team are on-hand to support each and every one of your needs, including post-handling.



Freddy Meili
Assistant Building
Manager



Yatta Feika
Member Host



Scarlett Fenton
Member Host

ADDITIONAL BENEFITS

You will benefit from 24/7 access, printing facilities, invites to exclusive events and 10% off at our on-site bar/cafe, IF KIOSK.



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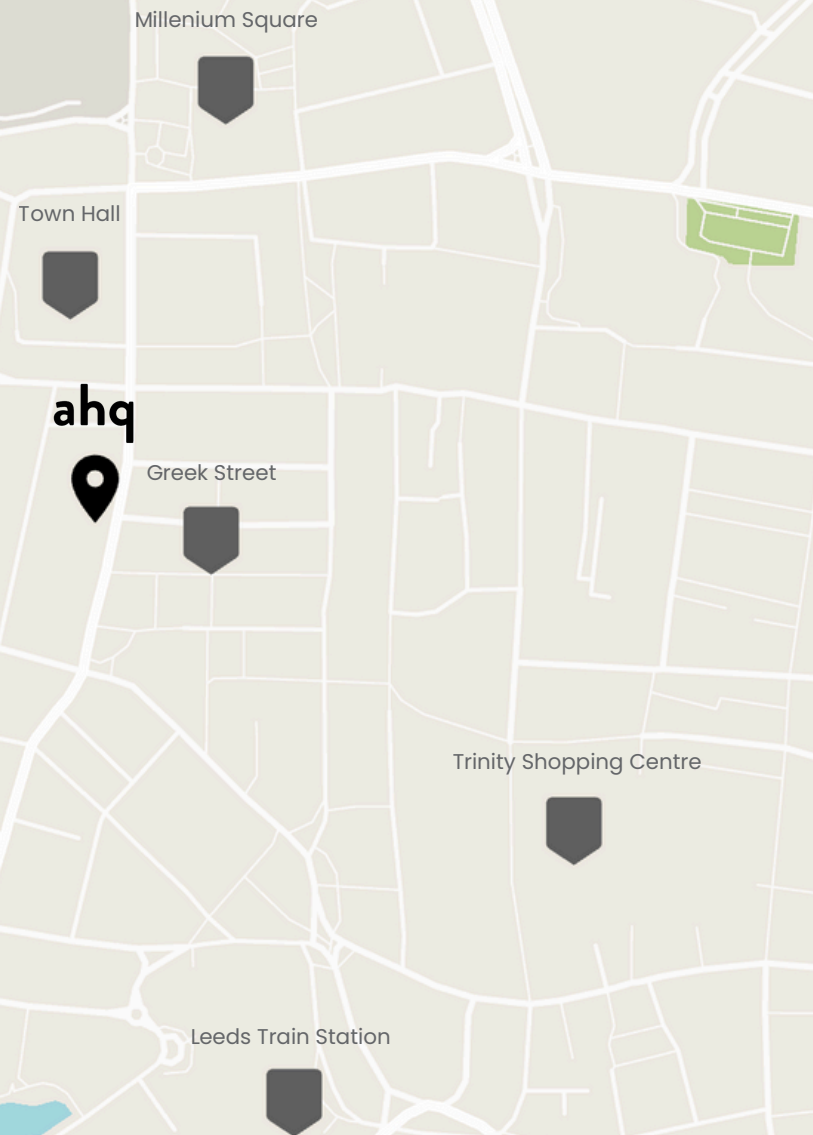
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Location

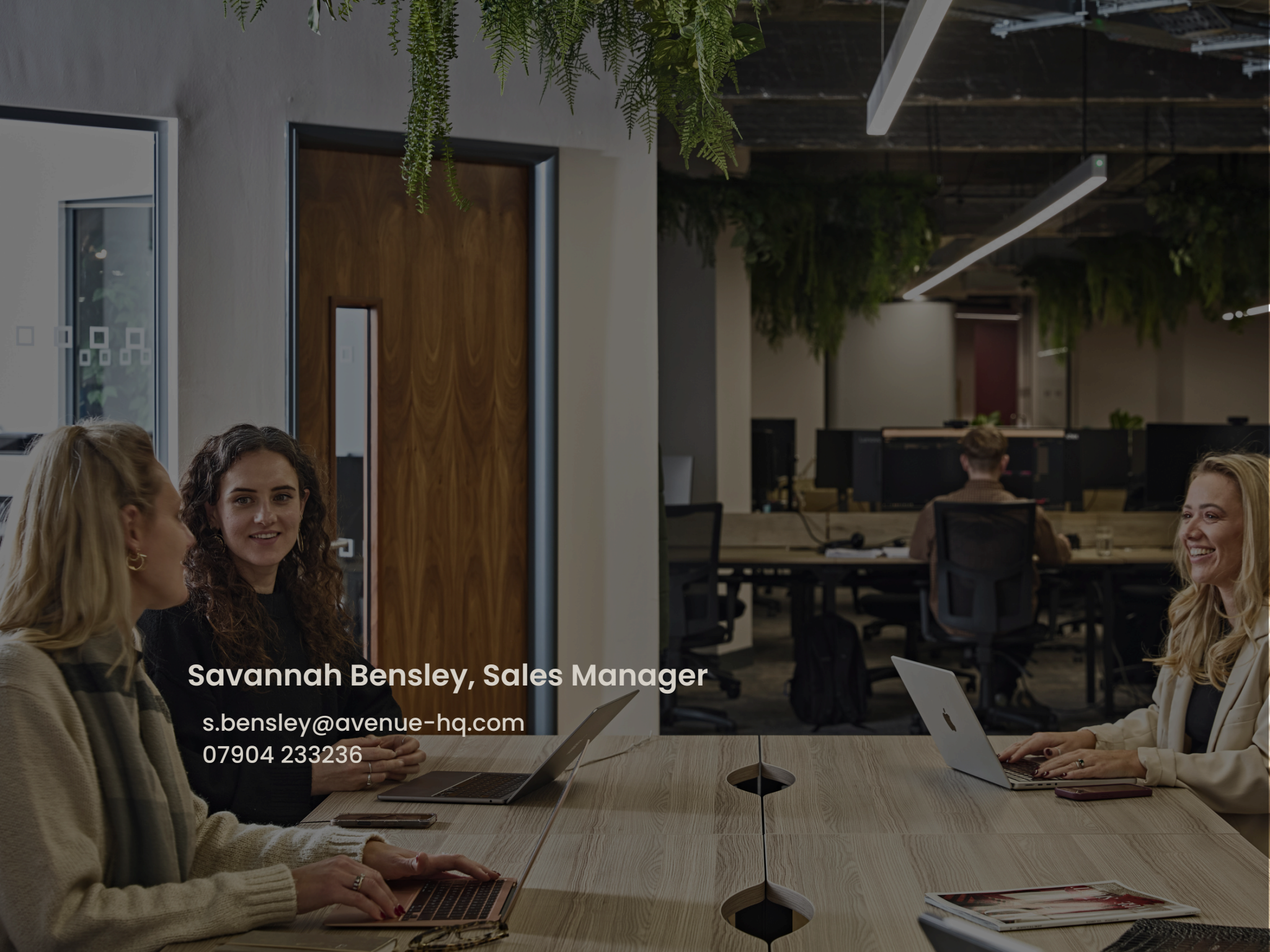
Based in the heart of Leeds' Commercial District.

You'll find easy transport links and tons of shops, bars and restaurants on your doorstep.

We also offer on-site parking available at request.



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